



GROCERY CHECKLIST

DATE _____

BAKERY

- Cake
- Cookies
- Donuts

BAKING INGRED.

- Baking Powder/Soda
- Chocolate Chips
- Cooking Oil
- Cooking Spray
- Dessert Mix
- Dried Fruit
- Flour
- Jello / Pudding
- Muffin Mix
- Nuts
- Pancake Mix / Syrup
- Pie Filling
- Pumpkin
- Sugar

BEVERAGES

- Apple Juice
- Bottled Water
- Coffee
- Hot Chocolate
- Juice Boxes
- Orange Juice
- Powdered Drink
- Soda
- Tea

BREADS

- Bagels
- Bread
- English Muffins
- Hamburger Buns
- Hot Dog Buns

CANNED GOODS

- Beans
 - Baked
 - Black
 - Kidney
- _____
- Broth
- Fruit
- _____
- Milk (Evap/Con)
- Pizza Sauce
- Spaghetti Sauce
- Tomato Sauce
- Soup _____
- Soup _____
- Tuna
- Vegetables
 - Corn

CANNED GOODS

- continued
- Green Beans
 - Mushrooms
 - Olives
 - Peas

CLEANERS

- Bleach
- Cleanser
- Dish Soap
- Dishwash Liquid
- Disinfectant
- Dusting Spray
- Fabric Softener
- Laundry Det.
- Sponges
- Window Cleaner

CEREALS

- Dry Cereal
- _____
- _____
- Granola Bars
- Hot Cereal
- Oatmeal

CONDIMENTS

- BBQ Sauce
- Honey
- Jam / Jelly
- Ketchup
- Marinade
- Mayonnaise
- Mustard
- Peanut Butter
- Pickles / Relish
- Salad Dressing

DAIRY

- Butter
- Cheese
 - Cheddar
 - Mozzarella
 - Parmesan
 - Slices
- Cookie Dough
- Cottage Cheese
- Cream Cheese
- Cookie Dough
- Eggs
- Milk
- Roll Dough
- Sour Cream
- Yogurt

DELI

- Cheeses
- Meats
- Salads

DRY GOODS

- Bouillon
- Mac & Cheese
- Parmesan Grated
- Pasta
 - Egg Noodles
 - Lasagna
 - Shapes
 - Spaghetti
- Rice
 - Flavor Packets
 - Long Grain
 - Instant Rice

ETHNIC FOODS

- Salsa
- Soy Sauce
- Taco Sauce
- Taco Seasoning
- Teriyaki Sauce
- Tortillas
- Tortilla Shells

FROZEN FOODS

- Chicken Nuggets
- Dinner Rolls
- Entrees
- Fruit
 - Blueberries
 - Raspberries
 - Strawberries
- Ice Cream
- Pancakes
- Pizza
- Potatoes
 - French Fries
 - Tater Tots
- Vegetables
- Broccoli
- Cauliflower
- Corn
- Peas
- Spinach
- Waffles

HEALTH / BEAUTY

- Antiseptic
- Band Aids
- Bath Soap
- Deodorant
- Feminine Products
- Floss
- Lotion

HEALTH / BEAUTY

- Continued
- Mouthwash
 - Medicines
 - Razors
 - Shampoo
 - Shaving Cream
 - Toothpaste / Brush
 - Vitamins

MEAT

- Beef
 - Ground Beef
 - Patties
 - Roast
 - Steaks
- Pork
 - Bacon
 - Ham
 - Pork Chops
 - Pork Roast
 - Sausage
- Poultry
 - Chicken
 - Turkey
- Seafood
 - Fish
 - Shrimp

PAPER GOODS

- Aluminum Foil
- Napkins
- Paper Towels
- Plastic Wrap
- Tissues
- Toilet Paper
- Wax Paper
- Ziploc Bags

PRODUCE

- Apples
- Bananas
- Blueberries
- Broccoli
- Carrots
- Cauliflower
- Grapes
- Lemons/Limes
- Lettuce
- Melon
- Mushrooms
- Onions
- Oranges
- Potatoes
- Spinach
- Strawberries
- Tomatoes
- Zucchini

SNACKS

- Candy
- Chips
- Cookies
- Crackers
- Fruit Snacks
- Graham Crackers
- Popcorn

SPICES / FLAVORS

- Allspice
- Almond Extract
- Basil
- Chili Powder
- Cinnamon
- Cumin
- Curry
- Garlic Powder
- Minced Onion
- Nutmeg
- Parsley
- Pepper
- Oregano
- Rosemary
- Salt
- Vanilla Extract

BABY ITEMS

- Baby Food
- Baby Wipes
- Diapers
- Baby Wash

PET PRODUCTS

- Bones
- Food
- Treats
- Shampoo
- Collar
- Flea Product

OTHER

- Batteries
- Bug Spray
- Cards / Gifts
- Film for Camera
- Gift Wrap
- Light Bulbs
- Mouse Traps

<http://theMomiverse.com>